



**UdhavumUllangal Minority
Educational and Charitable Trust**

**ANNUAL REPORT
2023-2024**

Directors Desk

Dear Friends, Trustees, Donors and Well wishers it is once again an honour, blessing and privilege to present the various activities undertaken and implemented by UdavumUllangal during the year 2023 – 2024.



Service to Humanity is akin to Service to God goes the old age, so it was a great privilege in the capacity of Director of Udavum Ullangal to implement the welfare, empowerment and endowment activities in reaching out to the most

needed beneficiaries like destitute and orphan children, Women and Children in crisis situations , the Counselling and the Free Legal Aid for the needy urban and rural women.

It was a wonderful opportunity to interact to the various beneficiaries in the implementing process of the various projects and activities undertaken by us and the outcomes and impact generated gives me great sense of satisfaction of a job being well done and all the credit for that goes to the untiring and committed efforts of the Trustees, Donors and the staff involved here.

As a person with tremendous energy, skills and committed to social welfare causes it is a great sense of pride to recollect many of my cherished moments in my service to the various beneficiaries who had availed the services from us and it also takes great pleasure and present this to all my distinguished audience. Though there have many hurdles and challenges, yet all has been achieved in accordance with the Vision, Mission and objectives of Udavum Ullangal.

As I present the various activities that was undertaken my sincere gratitude goes to all involved and for all the encouragement, prayers, resources and moral support that was provided to me, yet I wish to remind that we have many more miles to cross to accomplish what we have started and I am sure and assure that this will be done. Thanking you all for your committed, dedicated and moral support that was extended to me and I pray that this will continue keeping in mind that Service to humanity is like Service to God.

Best Regards,
S. Dhamodaran, M.A.,B.L.,M.S.W.,M.Phil.
Director – UdavumUllangal.

About Udavum Ullangal



Udavum Ullangal literally meaning Helping Hearts from Tamil to English. It is a Non - Governmental, Non Profitable, Non - Racial, Non - Religious Organization working towards the welfare of the community with special emphasis and focus on children, women and people from stigmatized communities. It works on the basis of humanity, love and compassion. It involves Orphaned, Semi Orphaned, Abandoned, Deserved, Destitute, Street Children, Prisoners Children, Children of Female Sex Workers, Abused Children, Children of HIV Affected, Children of Scheduled Caste, Tribals, Children of Narikuravas, Children of Rag Pickers and Children of Below Poverty Line and Women in Crisis Situations . The organization helps them to be self reliant, loving, caring and become productive citizens to the country.

It is a Registered and Recognized Organization functioning at Palayamkottai, in the district of Tirunelveli well known for its culture and traditions and it is situated in the Far South of Tamil Nadu, in South India. The organization takes great pride in meeting the needs of very underprivileged children by providing Shelter, Food, Dress, Education, Nutrition, Spiritual, Recreational and Medical Support. Providing Shelter Food, Dress and Counselling to women in crisis situations, helping families to solve issues through dialogues rather than seeking Judicial help and helping Urban and Rural Women to live dignified lives. Though the

needs and demands of the children staying in the shelter are varied and vast, the organization does its utmost to fulfil them. The organization is well known and is ably supported by a very dedicated team of Trustees, Friends and well wishers.

Udavam Ullangal is registered and functions under the Indian Trust Act of 1882 and its Registration number is 121/2002. It has 12A and 80G status where in any donations are totally Tax Exempted and its 12A number is 87/2002 - 03 and its 80G Number is 102/82/CIT-II/2002-03. The Trust has a well defined governing body and is regular in its meetings which is conducted once in 6 months, the trust also has well defined operating procedures and policies. The Trust has well maintained financial accounting procedures and all its activities are computerized.

We provide Shelter, Food, Dress, Education and Medical Support totally free to the children. These children are studying from I Std. to Colleges in various schools and Colleges of Palayamkottai and Tirunelveli. The home paid special emphasis to Education and all the children coming into the shelter are placed in nearby schools. The home situated in a very cool, calm and hygienic surrounding has been a very big boon to the children staying in the home.

Activities of the Organization

Vallalar Illam For Children:

The organization has always stood for the welfare of the very needy children with the firm



belief that no child imperative of its caste, colour or creed should miss out on their education for any reason.

Taking a pro active decision the organization felt that to reach to these type of children and to provide them basic needs like Food, Dress, Shelter, Education, and Medical Treatment

freely. It is exclusively for the most deserving communities in the society. Hence the

organisation opened the home for most deserving children and started in 2002. It runs according to the Hostel Act of 2014, Government of Tamil Nadu.

The profile of the Vallalar Illam for children is given below:

S.NO	CATEGORY	GIRLS	BOYS
1	Orphans	09	-
2	Semi – Orphans	12	-
3	Children of Female Sex Worker	04	-
4	Children affected by HIV/AIDS Parents	06	-
5	Tribals	06	-
6	Children of Prisoners	03	-
7	Children of Alcoholic Parents	14	-
8	Children of Below Poverty line	09	-
	Total	63	0
	Total	63	

Menu:

The Home has a Systematic menu System. It is a component of Vegetarian and Non – Vegetarian Food, Snacks, Coffee and Tea and Fruits. In a Non – Vegetarian food Fish also Provided for the Children. In a Vegetarian Food Rice, Dosa, Idly, Chappathi, Vegetable Priyani, Coconut Rice, Lemon Rice, Tomato Rice and Curd Rice. For vegetarian food the Home Provides Sambar, Rasam, Butter Milk, Pickle and Papud and for Chappathi and Parotta Vegetable Kuruma has been given. For Coconut Rice, Lemon Rice, Tomato Rice Thovayal has been given. For curd Rice Pickle has been given. Regarding Snacks Mixture, Cake, Biscuits, Pubs, Halwa, Green Grains, Pattani Grains and Sweets Items. Regarding Fruits Banana has been given routinely and other has been given Seasonally.



Nutrition:-

Nutrition plays a very vital and important component in the wellbeing of the children it helps them to



be active, intelligent and healthy. Realizing this need the organization took special efforts in providing wholesome and nutritious food to all the children in the shelter by providing them with, breakfast, lunch and dinner along with tea or coffee and snacks. Non Vegetarian food are also provided when ever applicable, like Saturdays, Sundays and other national holidays. The role of donors by way of supporting meal for all the children in the home on festivals and special

occasions has been welcomed with much warmth. The Children who are stayed in the home very much interested for taking wheat Parotta with Mutton Kuruma.

Shelter:-

Understanding that for a Home, specially for children should have a very enabling and homely atmosphere and it also plays a very vital and important component in the functioning of the programme, which will be conducive for the over all

cognitive developments of the children, taking this into consideration the much needed spacious shelter support is being provided to all the children from a rented premises. The children in the home are provided with all their basic necessary facilities like mats, pillows and bed sheets to make the children comfortable after the rigors and a hard day in school and by providing these the children have a very calm, comfortable and peaceful sleep in the night.

During the time of rainy and winter hot water has been given both bathing and drinking to the needy children.



Clothing:-

The organization has always stood up for the cause of providing clean, neat and comfortable clothing to all the children in the shelter. The clothing support that has been supported apart



from uniforms are basic clothing like shirts, trousers, skirts etc. The contribution made by donors towards this noble cause has helped the children to be cleanly attired at all times. School uniforms are also provide to all children in the home and in accordance to their school of study and it is very pleasant sight to see all the children groomed neatly in their respective uniforms on their

way to school. Inner wears and Towels were given often to the needy children. Night dress also given for the very needy children.

Education:-

Education plays a very vital component in the upbringing of the children and in the process to make them responsible, productive and economically independent citizens of the future.

Realizing this important need the organization did not spared any efforts in providing good quality education in well known educational institutions for all the children in the shelter. The children in the shelter apart from being provide with Educational support, they are also supported by the means of Paying admission fees, Transportation to School, Monthly fees, Uniforms, Text and Note books and other educational needs as required. These children are studying at various schools and colleges in and around of Palayamkottai and Thirunelveli. The organization believes that education only change the life of children who are stayed in the home.



Medical:-

“Health is Wealth” goes the old saying, realizing that for the children to be hale hearty their health status is of primary concern. Taking this important aspect into consideration regular medical care is being provided to all the children residing in the home.

Doctors are invited on a monthly basis and they provide all the medical needs of the children and if required appropriate referrals are made to other institutions if any specialized care is required. Every child will be medically examined before admission to the home and they will be given



preventive inoculation and vaccination against any communicable diseases. The home also has a first aid kit for any minor illness and infections and is being operated by one of the staff member exclusively trained for this purpose.

Spiritual:

Realizing the need and taking into account that Spiritual and Moral Support plays a very integral part in the overall Holistic development and well being of the children. The organization gives importance to all religion and no one particular religion is forced on any of the children. At the shelter the day starts with a Morning Prayer and devotion before all other activities and on holidays and, festivals the children are encouraged to undergo yoga which is conducted by a trained teacher, the children perform various postures during the conduct of

these sessions. Through these Spiritual and Moral exercises it has been found the children have developed a very loving and caring attitude and are very considerate to the needs of the other children in the home

Recreation:-

“All work and no play makes Jack a dull boy” goes the old adage it not only helps the children to be competitive but also in stills team spirit among them and the recreation that are being provided also tend to break the tedious and monotonous routine of daily school going, studies, tests and home work, special attention is being provide to the children that all of them should indulge in some sort of indoor or outdoor activities every day to keep them active and healthy. The recreation activities that are being done by the children and being provided by the organization is as follows:

Indoor recreation

- Watching children oriented television programmes
- Storytelling and reading
- Caroms and Chess
- Music and Dancing
- Skipping



A well stocked library consisting various news papers, novels and magazines exists in the home and the children are encouraged to read the books and magazines that are available. The organization has always given outmost importance to cultivate the habit of reading for the children. It is a nice sight to watch many children reading the books in the library and developing their knowledge on various matters.

Outdoor recreation

The organization has adequate space and the children indulge in outdoor activities like playing cricket, foot ball, throw ball, sea saw, swing, low ladder climbing, rocking horse, volley ball etc.

The children are also encouraged to participate in drama and theatre as it is one of the best ways for the children to express their feelings and desires.



Also picnics are organized once a year to places like Courtrallam, Kanyakumari ,Papanasam, and other places of interest nearby. Through this activity the children have developed many insights about nature, environmental and the cultural heritage of this land.

Children Counselling Meeting:

The organization has always played an important part in providing Emotional Support to Family and Children, by undertaking this activity the organization ensured that the children had clean and neat upbringings. The methods adopted were providing Psychological and Psychosocial Care, Parental care, Health educations and Vocational trainings.

- *Full care : for boys and Girls in the home*
- *Counseling to children*
- *Tuition*
- *Life Skills Education*
- *Psycho and Psycho Social Support*
- *Legal Support*



Parent Children Meeting:

Udavum Ullangal realized that the active involvement of the Family members, Care Takers, Guardians was a key component in the welfare of the children it not only helped them to get a better understanding of the various activities done by the organization towards the welfare of their children, it also helped them track the progress of their children .In this regard monthly meeting with the families and the care takers of the children were conducted in the centre, in these meetings all issues surrounding the children be it education wise, health wise are discussed in a very cordial manner the suggestions of the family members and care takers are given due consideration and are implemented in the project activities. The Director in a very personal manner suggests the short comings and the + points of the children and its course of remedial measures that are being taken.



Special Festivals, Occasions& Celebrations

UdavumUllangal always took great efforts in celebrating special festivals, functions and occasions and no efforts are spared in the making the occasion a very memorable one and the active participation of the children and parents are ensured to make the occasion a family affair and very memorable one. During these occasions many cultural events, games and food is provided to make it an event not to forget.

The following are the Special Festivals, Functions and Occasions Celebrations that are celebrated in our Home every year.

- *Independence day*
- *Diwali*
- *Christmas*
- *New Year*
- *Pongal*



Vision and Mission

VISION:



TO PROVIDE QUALITY EDUCATION FOR HOME CHILDREN AND COLLECTIVE RESPONSES TO ALL THOSE WHO ARE IN CRISIS SITUATIONS

MISSION:



Enhance the overall quality of Life by providing a comprehensive range of services for Empowerment,

OBJECTIVES

- **To provide an enabling and creative environment to the children at the home.**
- **To provide educational, nutritional and moral support to the children at the home to make them better citizens.**
- **To provide quality counselling without bias to bring mutual understanding among families.**
- **To mainstream persons from stigmatized communities.**
- **To provide timely help for all those in distress especially Women and Children.**
- **To create effective Linkages and Net works with different stake holders.**

FUTURE NEEDS

- + SUSTAINABLE FUNDING FOR THE SHELTER, FOOD, CLOTHES , EDUCATION, MEDICAL TREATMENT, PLAY MATERIALS AND FOOT WEAR FOR THESE NEEDY CHILDREN.**
- + DONORS FOR SPONSORSHIP FOR THE ACTIVITIES OF THE ORGANIZATION.**
- + SPONSORSHIP FOR CHILDREN.**
- + OFFICE EQUIPMENTS.**
- + DONARS FOR THE DEVELOPMENT OF ORGANIZATION.**

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THANK YOU